



OUR PSHE OVERVIEW (PSHE Association)

Cycle A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Who is in my family? *PC*	How do we look after our school?	How can we be a good friend?	Who are the people that help us?	How can we stay safe online?	How can we be healthy?
KS1	What is the same and different about us? <i>Year 1</i> *PC*	What is bullying? <i>Year 2</i>	What helps us stay healthy? <i>Year 1</i>	What can we do with money? <i>Year 1</i>	Who helps to keep us safe? <i>Year 1</i>	How do we recognise our feelings? <i>Year 2</i>
LKS2	How can we be a good friend? <i>Year 3</i>	What keeps us safe? <i>Year 3</i>	What are families like? <i>Year 3</i> *PC*	How will we grow and change? <i>Year 4</i>	How can our choices make a difference to others and the environment? <i>Year 4</i>	How can we manage risk in different places? <i>Year 4</i>
UKS2	How can we keep healthy as we grow? <i>Year 6</i>		How can we help in an accident or emergency? <i>Year 5</i>	How can friends communicate safely? <i>Year 5</i>	How can drugs common to everyday life affect health? <i>Year 5</i>	What jobs would we like? <i>Year 5</i>

Relationships	*PC* is a protected characteristic. These are protected by the Equality Act 2010 and are listed as: Age, disability, gender reassignment, marriage or civil partnership (in employment only), pregnancy and maternity, race, religion or belief, sex, sexual orientation
Health and wellbeing	
Living in the wider world	



OUR PSHE OVERVIEW (PSHE Association)

Cycle B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Who is in my family? *PC*	How do we look after our school?	How can we be a good friend?	Who are the people that help us?	How can we stay safe online?	How can we be healthy?
KS1	What makes a good friend? <i>Year 2</i>	Who is special to us? <i>Year 1</i>	What jobs do people do? <i>Year 2</i>	What helps us to stay safe? <i>Year 2</i>	What helps us grow and stay healthy? <i>Year 2</i>	How can we look after each other and the world? <i>Year 1</i> *PC*
LKS2	What strengths, skills and interests do we have? <i>Year 4</i>	How do we treat each other with respect? <i>Year 4</i> *PC*	How can we manage our feelings? <i>Year 4</i>	What makes a community? <i>Year 3</i> *PC*	Why should we eat well and look after our teeth? <i>Year 3</i>	Why should we keep active and sleep well? <i>Year 3</i>
UKS2	What makes up a person's identity? <i>Year 5</i> *PC*	What decisions can people make with money? <i>Year 5</i>	How can the media influence people? <i>Year 6</i>		What will change as we become more independent? How do friendships change as we grow? <i>Year 6</i> *PC*	

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