

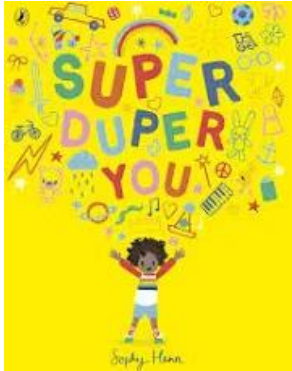
Dear Parents,

This half term our topic is called 'This is me.' We will be learning all about our bodies and how to look after ourselves. We will be learning about where we live and different kinds of homes in our Geography lessons.

Miss Conroy

**Our recommended read:**

Super duper you by Sophy Henn



Why is exercise important?

Why is healthy eating important?



How can you look after your body?



What are the names of your body parts?

## Summer 2

**Things to remember:**

Monday- spelling books  
Tuesday- PE kits  
Wednesday –  
Thursday – reading books  
Friday- PE kits and forest



## Useful words

**Detached – a separate house**

**Semi-detached – a house attached to another**

**Flat – one floor home in a building**

**Bungalow – a one floored individual home**

**Terrace - houses attached to each other**

**Healthy – in a good physical condition**