PSHE overview for academic year 2015/2016

We follow the 'Social and Emotional Aspects of Learning' (SEAL) scheme within school across the academic year. This covers qualities and skills that promote positive behaviour and effective learning. It focuses on five social and emotional aspects of learning: self-awareness, managing feelings, motivation, empathy and social skills. Here is what is being covered in each class, every half term:

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years (Acorns and Oak)	New beginnings	Good to be me	Going for goals	Relationships	Getting on and falling out	Changes
Key Stage 1 (Elm and Beech)	New beginnings	Getting on and falling out	Going for goals	Good to be me	Relationships	Changes
Key Stage 2 (Willow)	New beginnings	Getting on and falling out	Going for goals	Good to be me	Relationships	Changes