



## RHSE at Grange View CE First School

This is a guide for anyone who is visiting Grange View C.E First School to explain our approach to Relationships, Health and Sex education (RHSE).

(Updated April 2020)

### OUR INTENT: What our RHSE teaching Intent is:

At Grange View First School, the RHSE curriculum covers subject knowledge, skills and understanding in Relationships, sex and Health education which will prepare children to become healthy and responsible members of society currently and in their future lives. It will support them with the development of their social and personal skills and tackle many of the moral, social and cultural issues that are part of growing up. We provide children with opportunities to learn about their rights and responsibilities and appreciate being a member of a diverse society. All of the children at Grange View First School will be supported in developing their self-worth by playing a role in contributing to school and the wider community. The skills and knowledge is developed through each year group, building on their skills and knowledge using a skills progression to ensure all areas are covered. Effective communication will be encouraged for all the children by ensuring all views are listened to and respected.

#### Planning

The planning of RHSE follows a yearly overview covering all areas of RHSE for each year group. It covers all of the required expectations and is regularly monitored by the subject leader.

#### Skills progression:

Skills progression from Early Years to Year 4 has been developed to ensure all areas of RHSE are covered and to ensure clear progress throughout the year groups. This will also give staff the confidence to teach RHSE and know what needs to be achieved by the end of each year.

#### RHSE resources

Here are some of the resources we currently have available to help with the teaching of RHSE.

- PSHE Association - resources and support with planning
- SEAL lesson plans and resources - still has some use for the new requirements
- Operation Encompass workshops - support to help with the teaching of Healthy relationships

#### RHSE across the Curriculum

There is a clear link between RHSE and Science including human science E.G body parts and keeping healthy. PE is also linked to RHSE in terms of the importance of keeping fit and healthy. Alongside this, 1 lesson per week is dedicated to the solitary teaching of RHSE.

#### Assessment:

At the end of every term, assessment sheets are created to match the areas of RHSE being taught for each year group, created by the subject leader. The assessment sheets cover statutory requirements for all areas of RHSE. Three children of different attainments (low, middle and high) will have their work looked at to complete an assessment which will be used as representation for the whole class. The subject leader will keep these assessments and any examples of work.